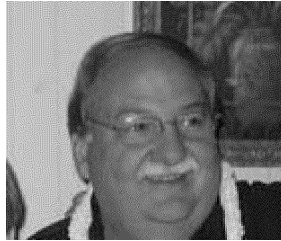


TORNADO SPORTS WATCH

For Alumni



by Jose Gonzalo, Class of '64

It is hoped that Tornado Sports Watch for Alumni will be a three-time per year report of the sports programs at Mount Carmel Area High School. Editions in January, March and June are planned.

WINTER 2009: Volume XI

WRESTLING (15-4)

The grapplers got off to a good start going 5-0 at the prestigious Canner Duals. They followed that up with a fourth place finish in the Schuylkill League meet, even though they did not have any individual champions. Shane Wondoloski won his 100th career match participating in the Canner Duals. At the League Tourney, Dylan Hornberger earned a second place finish, while Wondoloski took third. Saukaitis place 4th, Dusendshine, Lamb and Przekop earned 5ths and Urbanavage placed 6th

The Tornadoes finished in 4th place at the Southern Sectionals of District IV, even though they did not win any individual championships. Dylan Hornberger (28-3) at 135, BrettPrzekop (26-7) at 160, Ahmad Abuomar (25-8) at 285 took seconds. Meyrick Lamb (22-8) at 152, and BrettUrbanavage (13-4) at 189, and TylerWariki (6-4) at 125 took thirds and MickSaukaitis (25-8) at 112 took thirds, and Nick Dusendshine (22-8) at 130 took fourth. The Tornadoes failed to qualify anyone for Regionals as Abuomar (30-12) and Dylan Hornberger (31-7) placed 6th in Districts.

Coach Randy Reidler improved his overall record to 96-37

After the season, Abuomar and Hornberger were selected to the News Item all area first team. Saukaitis, Kraynak, Lamb, Dusendhine, McCollum, Przekop and Sinopoli were give honorable mention. Saukaitis, Hornberger, Lamb, Przekop, and Abuomar were named second team by the

GIRLS BASKETBALL (14-8) (17-10)

Mark Moyer (6-6) - LisaVarano (11-4)

The girls opened the season by winning their own Tip Off Tournament and placing three girls on the all star team-Ranotta Ahrensfield, Kim Andruscavage, and Danielle Bernini. In an unusual situation, head coach Mark Moyer left the team in the middle of the season with a 6-6 record. Moyer finished with a career mark of 34-73 in 5 seasons. LisaVarano took over the reigns and led the team to an 8-2 record to finish the regular season at 14-8. They were paced byAndruscavage at 13.1 per game andAhrensfield with 11.9, followed by HeatherBolick at 9.2 and Marissa Farronato at 8.6 and Bernini at 7.1. Bolick would have over thirty 3 point goals, while the team led the area at 56.5 points per game. The Tornadoes opened District IV play as a 9 seed against Line Mountain and were able to come away with a 57-51 victory, the first play-off win for a Tornado girl's team since 1998. Andruscavage with 16 and Bolick with 15 led the way.

The girls played an absolute statement game in the District IV quarterfinal when they upset Number 1 seed South Williamsport by a 74-47 score. The girls were paced byAhrensfield's career high 27 and Andruscavage with 17. Unfortunately, the girls had one of those nightmare games in the semi's with Towanda, losing 51-46

The Tornadoes then showed showed great balance in the consolation final to win the third place medal in District IV - Bolick (10), Andruscavage (9), Bernini(9), Ahrensfield (8) and Farronatao (8) led the way in a 52-32 victory over Troy

In their first state game since 1998, the Tornadoes lost to District XI Champion Tamaqua by a 51-35 score. They did, however, show that the program is on its way and played the Raiders tough. Following the season, Ahrensfield was named to a second team of Divison II by the Heartland Conference. She was also named first team by the News Item, whileAndruscavage picked up a second team spot.

BOYS BASKETBALL (8-14) (8-15)

The boys opened the season with only two veterans back in SethScicchitano and Mike Domaleski - Domaleski would score at a 14.9 clip andScicchitano followed with13.6 per game. The Tornadoes would lose 5 of their last 6 but were able to enter the "open" District IV tournament as a 14 seed with number 3 Troy. The boys put up the good fight but ended their season with a 10 point loss. They were again led by Scicchitano and Domaleski, playing their last games for the Tornadoes. John Lazicki's record after 10 seasons at helm stands at 124-124.Domaleski and Scicchitano were named to the second team in Division II of the Heartland Conference.

SWIMMING

Graduating seniors will be Rachel Niglio , Jessica Shulskie , Stephanie Williams,

Megan Fasolka, Katelyn Koschoff, Shawna Facer and Edward Fegley.

Rachel Fletcher, a junior, took 2nd place in the 50 yard Fly at the Schuylkill League Championships held on February 13th in Pottsville.

Districts qualifiers are:

GIRLS

Stephanie Williams, senior, in the 50 yard Freestyle

Amy Besser, junior, in the 100 yard Breast

Rachel Fletcher, junior, in the 50 yard Freestyle and the 100 yard Fly

Nicole Fiamoncini, sophomore in the 50 yard Freestyle

Cathy Fletcher, freshman in the 50 yard Freestyle

GIRLS RELAY TEAMS

200 Medley Relay Team comprised of Stephanie Williams, Amy Besser, Rachel Fletcher and Cathy Fletcher

200 Free Relay Team comprised of Stephanie Williams, Rachel Fletcher, Cathy Fletcher and Nicole Fiamoncini

400 Free Relay comprised of Stephanie Williams, Megan Fasolka, Cathy Fletcher and Nicole Fiamoncini

BOYS

Matthew Shearn, junior, in the 100 yard Freestyle and the 200 yard Freestyle

Alec Zsido (Lourdes co-op) sophomore, in the 50 yard Free and 100 yard Breast

Eric Joraskie, freshman, 100 yard Fly

Michael Swatski, freshman, in the 100 yard Freestyle and the 100 yard Back

BOYS RELAY TEAM

400 Free Relay Team comprised of Matthew Shearn, Alec Zsido, Eric Joraskie and Michael Swatski

District Alternates are: Jessica Shulskie, Rachel Niglio, Ashley D'Andrea and Ashley Koschoff

HALL OF FAME

Class of 2009 Inductees

Warren Altomare

Norb Bonjo

David Dallabrida Sr

Ed Kaminsky

Mike Kogut

George McFee

Scholar Athletes were T.J. Heromin, Emily Skonecki, Carissa Zimmerman (OLOL), Jen Kalinosky (OLOL), Joe Gownley (OLOL), and Seth Scicchitano

Special Achievement went to Ahmad Abuomar and Trevor Demko

EXTRA

Two former MCA athletes were honored by being named to the Press Enterprise ALL-Decade Girls Soccer Team. Holly Ibanez, 2007 was named a forward on the first team, while Theresa Picarella, 2006 was named to the second unit. David Shinskie was named to the all decade baseball team

In wrestling, Eric Lapotsky was named an All American at Oklahoma by virtue of his 5th place finish in Division I of the NCAA tournament

Past Editions of Sports Watch

[Volume 10 \(Fall 2009\)](#)

[Volume 9 \(Spring 2009\)](#)

[Volume 8 \(Winter 2008\)](#)

[Volume 7 \(Fall 2008\)](#)

[Volume 6 \(Spring 2008\)](#)

[Volume 5 \(Winter 2007-2008\)](#)

[Volume 4 \(Fall 2007\)](#)

[Volume 3 \(Spring 2007\)](#)

[Volume 2 \(Winter 2006-2007\)](#)

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